Display Screen Equipment Awareness

Our display screen equipment courses are aimed at users of display screen equipment (DSE) and those responsible for assessing display screen equipment. A 'user', is anyone who regularly uses display screen equipment for a significant part of their normal work. In practice, if you use display screen equipment continuously for more than one hour a day, then you're a 'user'.

So what do we mean by display screen equipment?

The first thing most people think of is a computer monitor. But that's not the only thing it refers to Display screen equipment could also mean laptops, tablet PCs, televisions, smartphones, CNC control pads, portable diagnostic screens or equipment containing cathode ray tubes, or CRTs.

The Health and Safety (Display Screen Equipment) Regulations contain special directives covering DSE safety. Both employers and employee-users have responsibilities under the legislation.

This course fulfils your statutory training obligations and covers among other things,,, the correct way to set up and use your display screen equipment safely. Reducing the risk of work related conditions.

Learning Objectives

By the end of this course, you will be able to:

- Recognise a number of pieces of Display Screen Equipment.
- Define the term 'user' of DSE.
- Understand the legislation surrounding Display Screens and where to retrieve additional guidance.
- Identify the impact that DSE can have on the body.
- Evaluate the risk of DSE in your work station and be able to create a plan to counteract those risks.

Course	Module Number	Module Name	Pass % Required
DSE Awareness	1	Introduction	70
DSE Awareness	2	Legislation	70
DSE Awareness	3	Protecting Your Body	70
DSE Awareness	4	Adjusting Your Chair	70
DSE Awareness	5	Adjusting Your Screen	70
DSE Awareness	6	Work Arrangements	70
DSE Awareness	7	Adjusting the Layout of Your Workstation	70
DSE Awareness	8	Adjusting Your Work Environment	70
DSE Awareness	9	Final Assessment	100

Recommended System Requirements
• Browser: Up to date web browser
• Video: Up to date video drivers
• Memory: 1Gb+ RAM
• Download Speed: Broadband (3Mb+)

Duration: 50 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).